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Fresh Cherry Lemonade

Servings: 8

Active Time: 15 minutes

Total Time: 15 minutes

Ingredients

4 cups sweet cherries, pitted, plus who cherries for garnish

1 cup lemon juice

2/3 cup sugar

5 cups cold water

Lemon slices for garnish, if you want

Directions

1. Combine cherries, lemon juice and sugar in a blender. Puree until smooth.
2. Strain through a fine sieve into a pitcher.
3. Stir in water. Serve over ice, garnished with lemon and cherries.

Nutrition Info

Per serving: 124 Calories; Fat 0 g (Sat 0 g); Cholesterol 0 mg; Carbs 32 g; Total sugars 29 g; Protein 0 g; Fiber 0 g; Sodium 11 mg.